



Exceptional private care homes
for the elderly



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We realise what an important and difficult decision it is to come into a home or to send an elderly family member to a home. That is why we have taken great measures to provide a home away from home in every sense of the word. At our homes, which are equipped for both long term and respite care, we pay careful attention to create comfortable, homely and safe surroundings.

“...we look beyond age and see a lifetime of experience, wealth of knowledge and memories...”

The right Home

Making the right choice is essential when selecting a home and there are many factors to consider. We want you or your loved one to feel 'at home' and to be confident in our professionally structured care. We believe in striking a balance between providing support when it is needed and helping maintain one's independence.

So to truly feel at home, we invite our residents to bring personal belongings such as photographs, pictures and ornaments that have a special meaning to them. Small items of furniture can also be brought that will make the room feel cosy and familiar.

A team that really cares

We are proud of our team of staff who are professional in their conduct and have a high degree of training. They are carefully selected for their compassion and commitment to truly making a difference in the lives of the people in our care. We look beyond age and see a lifetime of experience, wealth of knowledge and memories which become an invaluable contribution when shared within the home. Our continuous training and development programme ensures that national standards are always exceeded.

A vibrant community

We encourage our residents to do just about everything that was enjoyed at home and should one choose to, even more. We hope that we can help rekindle old hobbies and develop new ones. Our Activities Co-ordinator will ensure that there is always something of interest being offered. We have an active residents' committee which gives each resident the opportunity to offer suggestions on everything from menus to entertainment and outings. To get some quiet time, it is easy to find a peaceful place to read a good book, listen to music or simply relax in the garden.

Great food is one of the greatest pleasures in life

That's why the meals we serve are freshly prepared using only the finest ingredients. Our homemade, balanced and nutritious dishes are freshly prepared on the premises using seasonal produce by cooks who delight in seeing residents enjoy their food. We believe that dining is a delightful social experience and welcome your preferences when creating menus. Our trained catering staff ensure that not only is the food nutritious but looks great and tastes delicious.

Specialist dementia care

We fully appreciate that residents living with dementia and other forms of cognitive illness need very specialised care of the highest possible quality. This is why our homes and environments are specifically designed for them.

We also have staff members who are highly qualified and trained in this area. They will care with the compassion and understanding the residents deserve.

We treat each resident as an individual and create an environment for them that will ensure the best quality of life possible and help overcome the frustrations associated with mental health problems. Being sensitive to the reasons behind their actions and the people, places and belongings which are important to them can help us better understand and help them to overcome the frustration and fear they may experience at being unable to express what they want.

Our spacious and attractive bedrooms, many with en-suite facilities, can be personalised with mementoes, pictures and furniture – allowing residents to surround themselves with their memories. This has proved very successful for both dementia residents and their loved ones.

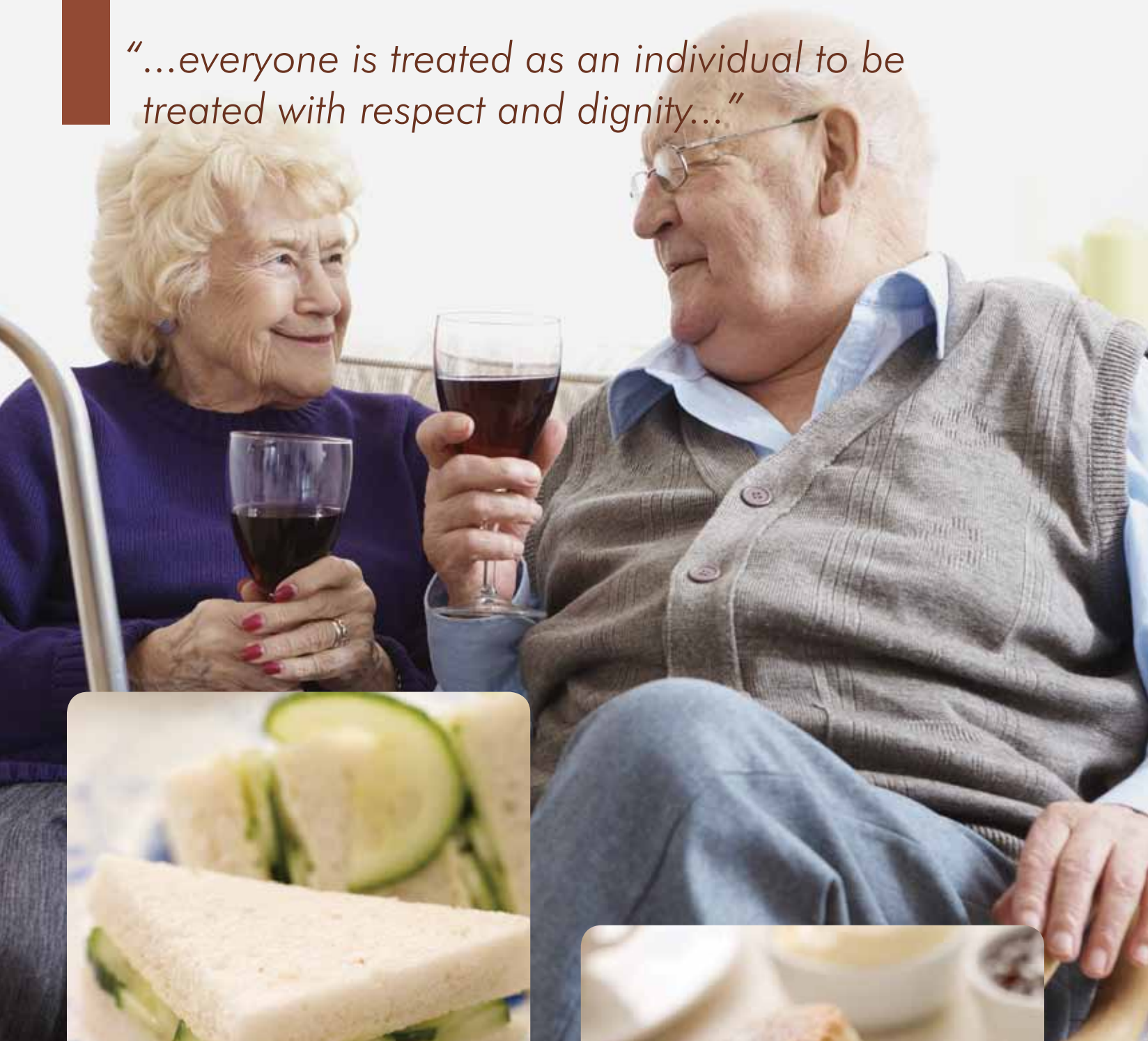
Individualised care

Everyone is treated as an individual with respect and dignity. What is appropriate for one person may be inappropriate for another. Therefore all our residents have an individualised care plan. This covers their personal and medical history as well as a record of the particular activities they enjoy, and any cultural or

religious aspects of the care we should be aware of. Only by knowing what makes someone 'tick' can we really care for them.

www.sunflowerhealthcare.com
info@sunflowerhealthcare.com

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Love
and respect

Comfort
and safety

Appreciation
of individuality

First Class Care

Meaningful
occupation

Involvement and
sense of belonging

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